



Facility:

CHEST PAIN PATHWAY

PRIMARY PCI SITE

FAMILY NAME _____ MRN _____

GIVEN NAME _____ MALE FEMALE

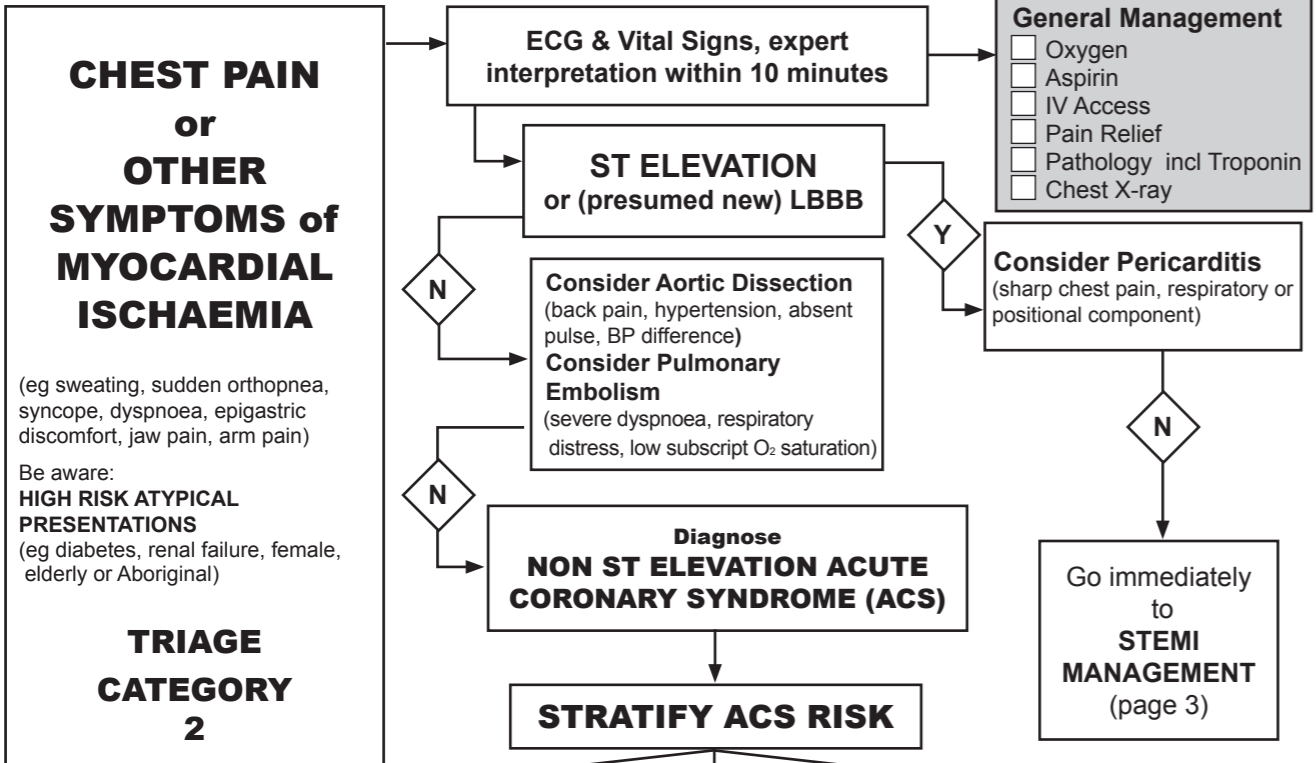
D.O.B. ____/____/____ M.O. _____

ADDRESS _____

LOCATION / WARD _____

COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE

Date of Presentation ____/____/____ Time ____:____ Time of Symptom Onset: ____:____



HIGH RISK Any of the following	INTERMEDIATE RISK Any of the following and no high risk features	LOW RISK Any of the following and no high or intermediate risk features
<input type="checkbox"/> ACS symptoms are repetitive or prolonged (> 10 min) & still present. <input type="checkbox"/> Syncope <input type="checkbox"/> History of chronic left ventricular systolic dysfunction (especially if known LVEF < 40%) OR current clinical evidence of LVF. <input type="checkbox"/> Previous PCI/CABG < 6 months <input type="checkbox"/> Diabetes + typical ACS symptoms <input type="checkbox"/> Chronic renal failure + typical ACS symptoms <input type="checkbox"/> Haemodynamic compromise (sustained SBP < 90 mmHg and / or new onset mitral regurgitation) <input type="checkbox"/> Elevated Troponin (consider haemolysis, renal failure) <input type="checkbox"/> Persistent or dynamic ECG changes of <ul style="list-style-type: none"> ● ST depression ≥ 0.5 mm or ● new T wave inversion ≥ 2 mm <input type="checkbox"/> Transient ST elevation (≥ 0.5 mm) in more than two contiguous leads <input type="checkbox"/> Sustained VT	<input type="checkbox"/> ACS symptoms within 48 hrs that occurred at rest, or were repetitive or prolonged (but currently resolved) <input type="checkbox"/> Previous PCI/CABG > 6 months <input type="checkbox"/> Known coronary heart disease- Esp if prior AMI or known coronary lesion > 50% stenosis <input type="checkbox"/> Two or more risk factors of: Hypertension, family history, active smoking or hyperlipidaemia <input type="checkbox"/> Chronic renal failure (especially if known GFR < 60 mL/min) + atypical ACS symptoms <input type="checkbox"/> Diabetes + atypical ACS symptoms <input type="checkbox"/> Age > 65 years <input type="checkbox"/> ECG is not normal and has changed from previous pain free ECG but does not contain high risk changes.	<input type="checkbox"/> Presentation with clinical features consistent with ACS without intermediate- risk or high-risk features. <input type="checkbox"/> ECG Normal or unchanged from previous pain free ECG

All cases to be discussed with Senior Medical Officer

Recommended Management on page 2

This tool is intended as a guideline for clinicians to provide quality patient care. It is not intended, nor should it replace, individual clinical judgement. Some patients with co-morbidities or patients not suitable for invasive investigations may be appropriately managed medically.

CHEST PAIN PATHWAY PRIMARY PCI SITE

SMR080.070



Facility:

CHEST PAIN PATHWAY

PRIMARY PCI SITE

FAMILY NAME _____ MRN _____

GIVEN NAME _____ MALE FEMALE

D.O.B. ____/____/____ M.O. _____

ADDRESS _____

LOCATION / WARD _____

COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE

Contraindications and cautions for thrombolysis use in STEMI¹

Absolute contraindications:

Risk of bleeding

- Active bleeding or bleeding diathesis (excluding menses)
- Significant closed head or facial trauma within 3 months
- Suspected aortic dissection (including new neurological symptoms)

Risk of intracranial haemorrhage

- Any prior intracranial haemorrhage
- Ischaemic stroke within 3 months
- Known structural cerebral vascular lesion (eg, arteriovenous malformation)
- Known malignant intracranial neoplasm (primary or metastatic)

Relative contraindications:

Risk of bleeding

- Current use of anticoagulants: the higher the international normalised ratio (INR), the higher the risk of bleeding
- Non-compressible vascular punctures
- Recent major surgery (< 3 weeks)
- Traumatic or prolonged (> 10 minutes) cardiopulmonary resuscitation
- Recent (within 4 weeks) internal bleeding (eg. gastrointestinal or urinary tract haemorrhage)
- Active peptic ulcer

Risk of intracranial haemorrhage

- History of chronic, severe, poorly controlled hypertension
- Severe uncontrolled hypertension on presentation (> 180 mmHg systolic or > 110 mmHg diastolic)
- Ischaemic stroke more than 3 months ago, dementia, or known intracranial abnormality not covered in contraindications

Other

- Pregnancy

¹ Adapted from NHF/CSANZ Guidelines for the management of acute coronary syndromes 2006

Contraindications to Exercise Testing (ACC/AHA Guidelines)²

Absolute

- Recurrent chest pain
- Acute myocardial infarction, within 2 days
- High-risk unstable angina
- Uncontrolled cardiac arrhythmias causing symptoms or haemodynamic compromise
- Symptomatic severe aortic stenosis
- Uncontrolled symptomatic heart failure
- Acute pulmonary embolus or pulmonary infarction
- Acute myocarditis or pericarditis
- Acute aortic dissection

Relative

- Critical left main coronary stenosis
- Moderate stenotic valvular heart disease
- Electrolyte abnormalities
- Systolic hypertension > 200 mmHg
- Diastolic hypertension > 100 mmHg
- Tachyarrhythmias or bradyarrhythmias
- New onset atrial fibrillation
- Hypertrophic cardiomyopathy and other forms of outflow obstruction
- Mental or physical impairment leading to the inability to exercise adequately
- High-degree atrioventricular block
- Resting ECG which will make EST interpretation difficult (eg LBBB, LVH with strain, Ventricular pacing, Ventricular preexcitation.)

² Gibbons et al, Circulation 106:1883,2002

Abbreviations:

ACS – Acute Coronary Syndrome	CABG – Coronary Artery Bypass Graft
ECG – Electrocardiogram	EST – Exercise Stress Test
FMC – First Medical Contact	GTN – Glyceryl trinitrate
LBBB – Left Bundle Branch Block	LVF – Left Ventricular Failure
LVH – Left Ventricular Hypertrophy	PCI – Percutaneous Coronary Intervention
SMO – Senior Medical officer	STEMI – ST Elevation Myocardial Infarction

BINDING MARGIN - NO WRITING



SMR080070

Facility:

CHEST PAIN PATHWAY
PRIMARY PCI SITE

FAMILY NAME _____ MRN _____
 GIVEN NAME _____ MALE FEMALE
 D.O.B. ____/____/____ M.O. _____
 ADDRESS _____
 LOCATION / WARD _____
 COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE

Recommended Further Management Refer to drug protocols &/or Therapeutic Guidelines

HIGH RISK ADMIT or TRANSFER	INTERMEDIATE RISK RESTRATIFY	LOW RISK DISCHARGE
<input type="checkbox"/> Continuous cardiac monitoring & frequent vital signs <input type="checkbox"/> Repeat ECG immediately if symptoms recurs <input type="checkbox"/> Repeat ECG 8 hrs post onset of symptoms <input type="checkbox"/> Repeat Troponin at 8 hrs if 1st sample negative * <input type="checkbox"/> ECG/Troponin review by medical officer Antiplatelet therapy <input type="checkbox"/> Yes <input type="checkbox"/> No If no reason _____ Betablocker <input type="checkbox"/> Yes <input type="checkbox"/> No If no reason _____ Anticoagulant <input type="checkbox"/> Yes <input type="checkbox"/> No If no reason _____ Symptomatic treatment of ongoing pain/hypertension <input type="checkbox"/> IV GTN (titrate against pain & BP) <input type="checkbox"/> IV Morphine <input type="checkbox"/> Refer to nominated cardiologist for further management	<input type="checkbox"/> Continuous cardiac monitoring & frequent vital signs <input type="checkbox"/> Repeat ECG immediately if symptoms recur <input type="checkbox"/> Repeat ECG 8 hrs post onset of symptoms <input type="checkbox"/> Repeat Troponin at 8 hrs if 1st sample negative * <input type="checkbox"/> ECG/Troponin review by medical officer Refer for Exercise Stress Test ** if : <input type="checkbox"/> No further chest pain/symptoms and <input type="checkbox"/> 2 negative Troponin tests and <input type="checkbox"/> No new ECG changes and <input type="checkbox"/> No contraindications to stress test (page 4) Restratify to High Risk if: <input type="checkbox"/> Recurrent ischaemic chest pain or <input type="checkbox"/> Positive Troponin or <input type="checkbox"/> New ECG changes or <input type="checkbox"/> Positive stress test Restratify to Low Risk & Discharge if: <input type="checkbox"/> Negative stress test or <input type="checkbox"/> Stress test available within 72 hrs** and <input type="checkbox"/> No further chest pain/symptoms <input type="checkbox"/> Repeat ECG & vital signs, if stable discharge <div style="border: 1px solid black; padding: 5px; text-align: center;"> NB: ** If stress test is not available within 72 hrs of discharge, treatment plan should be guided by nominated SMO/Cardiologist Pharmacological stress test or CT coronary angiography may be indicated </div>	<input type="checkbox"/> Regular vital signs <input type="checkbox"/> Repeat ECG immediately if symptoms recur <input type="checkbox"/> Repeat ECG 8 hrs post onset of symptoms <input type="checkbox"/> Repeat Troponin at 8 hrs if 1st sample negative * <input type="checkbox"/> ECG/Troponin review by medical officer Restratify Risk if: <input type="checkbox"/> Recurrent ischaemic chest pain or <input type="checkbox"/> Positive Troponin or <input type="checkbox"/> New ECG changes If low Risk ACS <input type="checkbox"/> Discharge <input type="checkbox"/> Follow up GP/LMO within 3-5 days of D/C <input type="checkbox"/> Consider Specialist follow up <input type="checkbox"/> Consider discharge on Aspirin (discuss with SMO) <input type="checkbox"/> Vital signs prior to discharge If unlikely cardiac cause Consider alternative diagnosis Exit Pathway

*If a high sensitivity troponin assay is used, the testing interval may be reduced to 3 hours, provided the second sample is taken at least 6 hours after symptom onset.

Medical Officer: Print name & sign _____ Date _____
 Medical Officer Designation _____

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Facility:

CHEST PAIN PATHWAY
PRIMARY PCI SITE
STEMI MANAGEMENT

FAMILY NAME _____ MRN _____
 GIVEN NAME _____ MALE FEMALE
 D.O.B. ____/____/____ M.O. _____
 ADDRESS _____
 LOCATION / WARD _____
 COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE

1. CONFIRM INDICATIONS for REPERFUSION

Chest pain > 30 min and < 12 hrs
 Persistent ST segment elevation of ≥ 1 mm in two or more contiguous limb leads or ST segment elevation of ≥ 2 mm in two contiguous chest leads or presumed new LBBB pattern
 Myocardial infarct likely from history

2. GENERAL MANAGEMENT

Cardiac monitoring ECG IV Cannula X 2
 Routine bloods Oxygen Analgesia – Morphine
 Nitrates-Sublingual or IV CXR Beta Blockers

3. ADMINISTER ANTITHROMBOTIC THERAPY

Confirm administration or give:
 Aspirin 300 mg (soluble)
 Clopidogrel 300 - 600 mg (or prasugrel &/or ticagrelor)
 Enoxaparin 30 mg IV then bd (or IV heparin or bivalirudin) 1 mg/kg subcut (Max 100 mg)

4. CHOOSE REPERFUSION METHOD

PRIMARY PCI UNLESS
 Significant delay to availability of Cath Lab or interventional team or
 Patient does not consent to primary PCI
 History, contrast allergy
 Vascular access problems
 Discuss with Interventional cardiologist: Time : :
 Decision regarding reperfusion method: Time : :

5. TRANSFER TO CATH LAB

Discuss adjunctive treatment with Cardiologist

Cath Lab arrival time
 : : please use 24 hr Clock

On table time
 : :

First device use time
 : :

Time of diagnostic ECG
 : : :

Refer to local protocols &/or Therapeutic Guidelines

OR

THROMBOLYSE if appropriate
 No contraindications (see page 4)
 Tenecteplase / Reteplase
 Body Weight _____ kg Dose _____

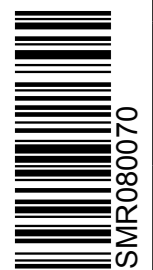
 Time administered : :

Repeat ECG at 60 mins post thrombolytic
 Discuss further mx with cardiologist
 Failure to reperfuse (less than 50% reduction in ST elevation)
Consider Rescue Angioplasty

Time to Revascularisation (TIMI 3 flow) Yes / No Time : :
 0-30 mins 31-45 mins 46-60 mins 61-75 mins 76-90 mins
 >90 mins Reason for delay _____

Medical Officer: Print name & sign _____ Date _____
 Medical Officer Designation _____

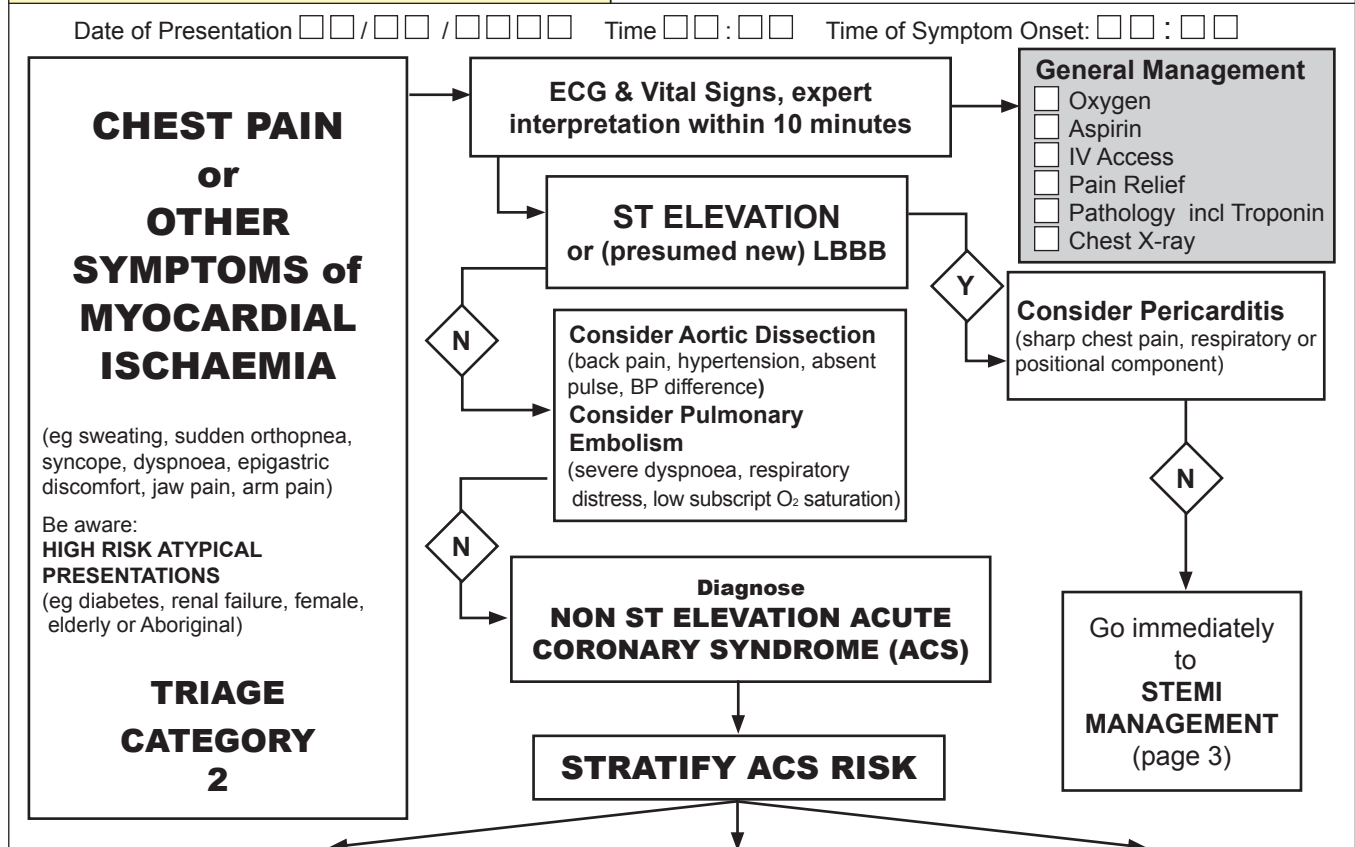
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SMR080070

BINDING MARGIN - NO WRITING

NSW Health
 Facility: _____
CHEST PAIN PATHWAY
NON PRIMARY PCI SITE
 COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE



HIGH RISK Any of the following	INTERMEDIATE RISK Any of the following and no high risk features	LOW RISK Any of the following and no high or intermediate risk features
<input type="checkbox"/> ACS symptoms are repetitive or prolonged (> 10 min) & still present. <input type="checkbox"/> Syncope <input type="checkbox"/> History of chronic left ventricular systolic dysfunction (especially if known LVEF < 40%) OR current clinical evidence of LVF. <input type="checkbox"/> Previous PCI/CABG < 6 months <input type="checkbox"/> Diabetes + typical ACS symptoms <input type="checkbox"/> Chronic renal failure + typical ACS symptoms <input type="checkbox"/> Haemodynamic compromise (sustained SBP < 90 mmHg and / or new onset mitral regurgitation) <input type="checkbox"/> Elevated Troponin (consider haemolysis, renal failure)	<input type="checkbox"/> ACS symptoms within 48 hrs that occurred at rest, or were repetitive or prolonged (but currently resolved) <input type="checkbox"/> Previous PCI/CABG > 6 months <input type="checkbox"/> Known coronary heart disease- Esp if prior AMI or known coronary lesion > 50% stenosis <input type="checkbox"/> Two or more risk factors of: Hypertension, family history, active smoking or hyperlipidaemia <input type="checkbox"/> Chronic renal failure (especially if known GFR < 60 mL/min) + atypical ACS symptoms <input type="checkbox"/> Diabetes + atypical ACS symptoms <input type="checkbox"/> Age > 65 years	<input type="checkbox"/> Presentation with clinical features consistent with ACS without intermediate- risk or high-risk features. <input type="checkbox"/> ECG Normal or unchanged from previous pain free ECG
<input type="checkbox"/> Persistent or dynamic ECG changes of <ul style="list-style-type: none"> ● ST depression ≥ 0.5 mm or ● new T wave inversion ≥ 2 mm <input type="checkbox"/> Transient ST elevation (≥ 0.5 mm) in more than two contiguous leads <input type="checkbox"/> Sustained VT		
<input type="checkbox"/> ECG is not normal and has changed from previous pain free ECG but does not contain high risk changes.		
All cases to be discussed with Senior Medical Officer Recommended Management on page 2		

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CHEST PAIN PATHWAY
NON PRIMARY PCI SITE
SMR080.071

NSW Health
 Facility: _____
CHEST PAIN PATHWAY
NON PRIMARY PCI SITE
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Contraindications and cautions for thrombolysis use in STEMI¹

Absolute contraindications:
Risk of bleeding
 - Active bleeding or bleeding diathesis (excluding menses)
 - Significant closed head or facial trauma within 3 months
 - Suspected aortic dissection (including new neurological symptoms)
Risk of intracranial haemorrhage
 - Any prior intracranial haemorrhage
 - Ischaemic stroke within 3 months
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 - Known malignant intracranial neoplasm (primary or metastatic)
Relative contraindications:
Risk of bleeding
 - Current use of anticoagulants: the higher the international normalised ratio (INR), the higher the risk of bleeding
 - Non-compressible vascular punctures
 - Recent major surgery (< 3 weeks)
 - Traumatic or prolonged (> 10 minutes) cardiopulmonary resuscitation
 - Recent (within 4 weeks) internal bleeding (eg, gastrointestinal or urinary tract haemorrhage)
 - Active peptic ulcer
Risk of intracranial haemorrhage
 - History of chronic, severe, poorly controlled hypertension
 - Severe uncontrolled hypertension on presentation (> 180 mmHg systolic or > 110 mmHg diastolic)
 - Ischaemic stroke more than 3 months ago, dementia, or known intracranial abnormality not covered in contraindications
Other
 - Pregnancy

¹ Adapted from NHF/CSANZ Guidelines for the management of acute coronary syndromes 2006

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BINDING MARGIN - NO WRITING
SMR080071

FAMILY NAME _____ MRN _____
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Facility: _____

CHEST PAIN PATHWAY
NON PRIMARY PCI SITE

Recommended Further Management Refer to drug protocols &/or Therapeutic Guidelines

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Facility: _____

CHEST PAIN PATHWAY
NON PRIMARY PCI SITE
STEMI MANAGEMENT

1. CONFIRM INDICATIONS for REPERFUSION

Chest pain > 30 min and < 12 hrs
 Persistent ST segment elevation of ≥ 1 mm in two or more contiguous limb leads or ST segment elevation of ≥ 2 mm in two contiguous chest leads or presumed new LBBB pattern
 Myocardial infarct likely from history

2. GENERAL MANAGEMENT

Cardiac monitoring ECG IV Cannula X 2
 Routine bloods Oxygen Analgesia – Morphine
 Nitrates-Sublingual or IV CXR Beta Blockers

3. ADMINISTER ANTITHROMBOTIC THERAPY

Confirm administration or give:
 Aspirin 300 mg (soluble)
 Clopidogrel 300 - 600 mg (or prasugrel &/or ticagrelor)
 Enoxaparin 30 mg IV then bd (or IV heparin or bivalirudin) 1 mg/kg subcut (Max 100 mg)

4. CHOOSE REPERFUSION METHOD

Absolute or unacceptable relative contraindications (see page 4) **or**
 Patient does not consent to thrombolysis **or**
 Documented system for transfer to PRIMARY PCI SITE in place

Discussed with cardiologist: Time ____:____

5. THROMBOLYSE
 Tenecteplase / Reteplase
 Body Weight ____ kg Dose ____
 Time administered ____:____

OR **Transfer to PRIMARY PCI SITE if appropriate**
 (As per table below)

Maximum Acceptable Delay from First Medical Contact (FMC):	
Time since symptom onset	Acceptable delay from FMC to percutaneous intervention
< 1 hours	60 minutes
1-3 hours	90 minutes
3-12 hours	120 minutes
>12hours	Not routinely recommended

from NHF/CSANZ Guidelines for the management of acute coronary syndromes 2006

Discuss further management immediately with nominated cardiologist
 Prioritise urgency of transfer with nominated cardiologist
 Organise transfer to PCI-capable hospital (as per locally agreed protocol)
 Repeat ECG at 60 mins post thrombolytic

Time of diagnostic ECG

____:____

Refer to local protocols &/or Therapeutic Guidelines

Medical Officer: Print name & sign _____ Date _____
 Medical Officer Designation _____

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